

**RELEASE AND WAIVER OF ALL LIABILITY  
AND ASSUMPTION OF RISK AGREEMENT**

**FOR GOOD AND VALUABLE CONSIDERATION**, including participation in the Volunteer Program ("Activity"), I, for myself, my successors, heirs, assigns, executors, administrators, spouse, and next of kin:

1. Agree that prior to participating I will inspect the facilities, equipment and areas to be used, and, if I believe any of them are unsafe, I will immediately advise the supervisor;
2. Acknowledge that I fully understand that my participation may involve risk of serious injury or death, including economic losses, which may result not only from my own actions, inactions, or negligence, but also from the actions, inactions, or negligence of others, the condition of the facilities, equipment, or areas where the event or activity is being conducted, the rules of play, or this type of event or activity;
3. **ASSUME ANY AND ALL RISKS** of bodily injuries to myself, including medical or hospital bills, permanent or partial disability, death, and damages to my property, caused by or arising from my participation in this event or activity;
4. **COVENANT NOT TO SUE, OR PRESENT ANY CLAIM** for personal injury, property damage, or wrongful death against the City Of Long Beach, its officers, employees and agents for damages attributable to my participation in the Activity;
5. **RELEASE, WAIVE, DISCHARGE AND RELINQUISH** the City of Long Beach, its officers, employees and agents from any liability, loss, damage, claim, demand or cause of action against them arising from or attributable to my participation in the Activity, whether same shall arise by their negligence or otherwise; and
6. Agree that photographs, pictures, slides, movies, or videos of me may be taken in connection with my participation in this event or activity without compensation from the City of Long Beach and consent to the use of these photographs, pictures, slides, movies, or videos for any legal purpose

**THIS DOCUMENT RELIEVES THE CITY FROM LIABILITY FOR BODILY INJURY, WRONGFUL DEATH, AND PROPERTY DAMAGE BY NEGLIGENCE. I HAVE READ THIS DOCUMENT, UNDERSTAND THAT I GIVE UP SUBSTANTIAL RIGHTS AND ASSUME ALL RISKS BY SIGNING IT, AND SIGN VOLUNTARILY.**

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PRINTED NAME

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SIGNATURE

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DATE